



Endodontic (Root Canal) Therapy Post-Operative Instructions

We hope you had pleasant experience with us. The most common question asked is, "What am I going to feel after the numbness wears off?"

Root canal therapy disinfects the inside of the root of an infected tooth. Since everyone heals differently, it is hard to predict what your post-operative experience will be. **It is common to experience some mild soreness when biting on or touching the tooth for at least two weeks** following your visit. The following instructions are meant to guide you through the healing phase.

Take the following as directed:

- 3 Tablets (600mg) of IBUPROFEN (Advil or Motrin) every 6 hours for 2-3 days
- 2 Tablets (1000mg) of EXTRA STRENGTH TYLENOL every 6 hours for 2-3 days
- 1 Tablet of Aleve every 8 hours for 2-3 days

****Be careful not to bite your lip, cheek or tongue while you are still numb from the procedure****

1. Rinse several times a day with **WARM SALT WATER** to relieve mild irritation of the gum around the tooth.
2. **DO NOT CHEW ON THE TREATED TOOTH until you return to your general dentist for the final restoration.**
3. If your bite feels high, or you cannot close your mouth without pain, please call the office so that your bite can be adjusted.
4. **If your root canal therapy was completed at this visit you must contact your dentist and schedule the permanent restoration within 2 weeks. A permanent restoration will protect the treated tooth from fracture and decay.**
5. **If the tooth is very uncomfortable, if you notice swelling which is getting worse, or have questions regarding the treatment, please call us.**

Dr. Batsevitsky 617-935-1528 Dr. Jones 401-316-4446 Dr. Kiebish 860-796-3092

271 Waverley Oaks Rd, Suite 101

Waltham, Ma 02452

Tel# 781-642-7500 Fax# 781-790-1459

Email: premierendodontics@gmail.com